



Supporting
Children after
Separation
Program

Locations

Families requiring assistance can access the Supporting Children after Separation program through Family Mediation Centre branches located at

Moorabbin – Head Office
Level 4, 1001 Nepean Highway,
Moorabbin Vic 3189
Tel (03) 9556 5333

Broadmeadows
The Gateway Business Park
Unit B1, 1-13 The Gateway
Broadmeadows 3047 (OFF CAMP RD)
Tel (03) 9355 4700

Ringwood
367 Maroondah Highway
Ringwood Vic 3134
Tel (03) 9847 5888

Narre Warren
86-88 Victor Crescent
Narre Warren Vic 3804
Tel (03) 8781 9111

Frankston
345 Nepean Highway
Frankston VIC 3199
Tel (03) 9783 7611

Caroline Springs
Springside Children's & Community Centre
22-50 Becca Way
Caroline Springs VIC, 3023
Tel (03) 9355 4700

Chadstone
41 Stamford Rd
Oakleigh Vic 3166
Tel (03) 9564 6999

Email: family@mediation.com.au
Internet: www.mediation.com.au



Supporting Children after Separation Program



Funded by the Australian Government

The Program

Supporting Children after Separation (*Supporting Children*) program offers help and support to children whose parents are separating or divorcing.

The program offers a range of services to help children to understand and manage the changes in their family relationships, both during and after the separation of their parents.

Services

Children from separated families will gain support and assistance to deal with the issues arising from the breakdown of their family through:

Counselling

Children and adolescents will have the opportunity to attend individual counselling sessions where they can express their thoughts and feelings about their parents' separation through a range of avenues including play therapy, story telling, art and drama.

Group work for primary and secondary aged children

The program offers group work programs to children and adolescents. The group work helps children to understand they are not alone after their parents have separated and addresses issues such as coping with ongoing parental conflict and moving between homes. The groups also provide an opportunity for peer support and understanding.

School based skills education programs

Primary and secondary schools can access education and skills training to assist children in building and maintaining healthy relationships, developing communication and conflict resolution skills, dealing with grief and loss and caring for themselves in the midst of parental conflict

Child Inclusive Practice

Children whose parents are going through Family Dispute Resolution process will be provided with an opportunity to discuss with a child counsellor how their parent's separation is affecting them, so the parent's can have a better understanding of their children's support and parenting needs.

Integration Programs

The Supporting Children Program will be able to assist families by linking them to other programs offered by the Family Mediation Centre including:

- Family dispute resolution
- Post separation parenting program
- Parent and adolescent mediation
- Men and Family Relationship Program
- Financial counselling

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