**A friendly reminder**

**June 24th**

End of term early dismissal at 2.30pm

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**FROM THE PRINCIPAL AND ASSISTANT PRINCIPAL**

**Dear Parents and Families**

**Prep enrolments for 2017**

Enrolments for Prep 2017 are currently being taken. Thank you to the families who have already lodged an enrolment form. It would be most helpful if parents could return the enrolment form (download from our website or available from the office) prior to the end of Term 2 at the latest.

**Garden Art Installation**

Thank you to Vanessa and Angela, parents of Year 1 students, for the time they have spent working with our Year 1 students during the term. The students have prepared a wonderful colourful totem sculpture for the colourful playground. We encourage parents to visit the playground to have a look at their efforts. Thank you to everyone involved. The totems look great.

**Parent Teacher Interviews next week**

Parents are reminded to log in to Compass to book an interview with their child’s teacher. Bookings will close tomorrow at 4pm. Teachers are looking forward to sharing your child’s progress with you and ways in which they will be supporting and challenging them for the remainder of the year. At the interview teachers will also provide parents with their child’s reflection for the semester and recommend ways in which parents can help their child with their learning.

**Student Reports available on Compass at 4pm 17th June**

*Printed reports will not be sent home.*

Parents are invited to view their child’s report on Compass from 4pm tomorrow, Friday 17th June. Parents may wish to print their child’s report and bring it to the parent teacher interview next week.

**As the term draws to a close, thank you to our teachers, office staff, parents and students**

Beaumaris Primary has a wonderful community feel. Teachers, office staff, parents and students work together to create this wonderful environment. Collectively amazing work is done by our teachers, office staff, parents and students. Every day we see

- students helping other students
- teachers and office staff helping students, colleagues and parents
- parents helping students, teachers and other parents

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**DIARY DATES**

Please refer to term newsletters for more detail on year level important dates: [http://www.beaups.vic.edu.au/page/110/Term-Newsletters]

- **Monday 20 June**
  - Qkr! Special Lunch — Sushi Day (orders close Thurs 16 June 5pm)
  - No Snack Shack Lunch Orders
  - Counter sales only

- **SNACK SHACK CLOSED**
  - Wednesday 22nd June & Friday 24th June, reopens Wednesday 13th July

- **Friday 17 June**
  - Parent’s Garden Club 9-10am
  - Yr 1 Assembly performance 3pm
  - Student Reports available to parents on Compass

- **Wednesday 22 June**
  - Year 1 Travelling Kitchen Incursion

- **Monday 20 to Friday 24 June**
  - Parent Teacher Interviews
  - Girls AFL Years 5&6 Dendy Park 9am-3pm

- **Monday 18 July**
  - Prep Fire Brigade Visit 12pm

- **Tuesday 19 July**
  - Hands on Science Yr 5 Session 1

- **Friday 22 to 27 Wed July**
  - Minato Ku Visit

- **Monday 25 July**
  - Japanese Australia day Assembly 9am Year 3 performing
  - Sushi Lunch Day

- **Tuesday 26 July**
  - Prep Fire Brigade Visit 2 11.30am

- **Thursday 28 July**
  - No Snack Shack Lunch

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**DALGETTY ROAD, PO Box 6140 , CROMER 3193**

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**Email: beaumaris.ps@edumail.vic.gov.au**

**Website: http://www.beaups.vic.edu.au**
in a host of ways, some highly visible and some quite invisible and discreet. It is a privilege to be part of a community where thoughtfulness, helpfulness and effort are ever present.

Together we each have a genuine willingness to make Beaumaris a great place for our students and we have their best interests at heart. A friendly gesture, a kind word, a helpful hand and a thank you are common place at this school. Thank you to all of our teachers, office staff, students and parents for their efforts this semester. Together we strive to make Beaumaris PS a warm, safe and nurturing environment that enables your child to flourish.

Sheryl M. Skewes
Principal

Louise Neave
Assistant Principal

VILLAGE CINEMAS MOVIE VOUCHERS
With school holidays looming on the horizon we have stocked up on our Village Cinemas movie ticket vouchers. You can purchase your vouchers from the school office Adults $16.00 and Children’s $12.50. Simply redeem the vouchers in person at the cinema box office or you can also use them when booking your tickets on line, by entering the unique barcode of the ticket when making payment. The tickets expire on 31 December 2016 so you have plenty of time to use them or they make great birthday gifts.

THE SNACK SHACK
We have Qkr! Sushi Special Lunch Monday coming up on the 20th June. Orders are via Qkr! only and order cut-off time is 5pm today. No late orders can be accepted. After Monday 20th The Snack Shack will be closed until the first Wednesday of Term 2. Twelve volunteers are needed a week to ensure The Snack Shack runs smoothly so please hand your volunteer form into the office by 3pm Monday and the roster will be emailed out to you in the second week of the holidays. Thank you to all the volunteers for your help this term. Happy holidays everyone. Ellie Hilton.

Planning Week
This week at BPS is Planning Week for Term 3. Our teachers are working together in teams to develop the curriculum for next term. The focus for English, Maths and Science is completed, spelling groups are reviewed, learning intentions and planning sequences are confirmed; assessment tasks are scheduled and dates made for the year level calendars. Then once all this (and more detail) is finalised the Statement of Intent for each week, and the Term Newsletter is written up; both these documents are loaded onto the school website for your reference at the start of next term (to see our current documents click on these links:
Term Newsletters: http://www.beaups.vic.edu.au/page/110/Term-Newsletters

Here are our Year 1 and 2 teachers planning in the staffroom this morning.
LEVEL LOW DOWN
Foundation

During Visual Art with Mrs Redlich the students have been developing their fine motor skills and problem solving skills through the use of clay. They have experimented with making a variety of different shapes and objects and discussed the various attributes of their creations.
Year One

It has happened! A brave visitor introduced shoe lace tying to entire classes of Year Ones (with varying degrees of success but great enthusiasm). Now is the perfect time for some shoe lace tying follow up at home. Good luck! Next week the Travelling Kitchen zooms in for a ‘cook shop’. The fun doesn’t stop! The Year One teachers are also looking forward to parent interviews next week. We love sharing all the wonderful things your child (children) have achieved.

Year Two

In Year 2 we have been continuing our procedural text. Students in Year 2 have been experiencing tasks such as pizza making and shoelace tying and then have followed the writing process to draft, edit and publish their procedural text.

We are lucky to have been joined by Mrs Henderson as a placement teacher in 2B and this is her last week this week. Thank you for visiting us in Year 2.

Year Three

We are all set up for our History expo and ready to go! We are eager to share everything we have discovered about History and can’t wait till parents and special friends arrive at 2:40pm today. Here are some sneak peeks at our expo booths.
Year Four

On Thursday morning the year 4 students had their first ERP EXPO. It was a huge success, with the students show casing their history knowledge through their interests. Thank you to all the family and friends that came to visit. A very BIG thank-you also to Wendy, who runs our kitchen garden program. Wendy brought in whole range of fruits, vegetables and herbs for the students to play Junior Masterchef last Friday. The students had heaps of fun taste testing and experimenting with different juice combinations. Yummy!

Year Five

The Year 5 students spent this term investigating geography – the ‘why of where’. Their ERP projects, drawing on their interests, have answered many of their questions about why places are like they are, how they are connected to other places, why they are changing, and how and why characteristics vary from place to place. At the Expo on Thursday morning, students not only demonstrated their geographical skills and knowledge, but also their ability to articulate their understanding with different audiences – parents, teachers and peers, and listen attentively to comments, suggestions and questions. Congratulations Year 5 – another memorable morning!

The Year 5 teachers are looking forward to seeing many of you at next week’s parent teacher interviews to discuss your child’s achievements and learning goals. The Wednesday morning Maths Olympiad session will not run on 22/6/16 due to parent teacher interviews. This will recommence on 13/7/16.

Year Six

Last week, the Year 6s found out their parts for Beauty and the Beast. They have all been practicing for the two big nights coming up on the 7th and the 8th of September. This week we are playing Hampton and it is our last game for the season, good luck to everyone involved.

Some girls in years five and six tried out for the girl’s football team, everyone that tried out got into the team and will be playing on Thursday the 23rd of June, which is next week! They will be playing a number of games against other schools. Just a reminder that we are half way through the Premiers Reading Challenge and if you have any books you have finished enter them onto the website. The class that enters the most books (across the whole school) will have a pizza lunch! From the Media Captains
FROM OUR PARENT CLUB......

Hawaiian Luau Social Night
One of the games at our Hawaiian Luau social night will be wine grab. We are asking for donations of wine, beer or spirits to make this game a success. If you could contribute even one bottle it would be greatly appreciated. Parents please take any donations to the school office (children are not allowed to transport alcohol). Alternatively if you are able to donate a voucher, goods or a service I’d love to hear from you or it can be left at the office at any time.
Many thanks  Ness Newell  lochnessmonst71@hotmail.com

Enrol now for Term 3 Bollywood Dancing!

Term 3 dates: 12th Jul – 13th Sep
Tuesdays 3.30pm-4.30pm
$120
Not sure? Come try it for FREE at our Bollywood Parent Child Day on Tue 21st June at 3.30pm.

Now you can enrol online at ignitebollywood.com.au/classes or call Jag on 0423 080 724

for fast learners

Drawing with the Masters

Learn the techniques used by famous Australian artists. How do you make things look round, or shiny? What’s negative space? Which famous art works have you seen in the gallery? How did those artists achieve the effects they wanted? You can achieve some of these too in just 8 easy and fun sessions.
The session are conducted in your school for children from Grades 1-6

WiseOnes is a Gifted Education program. Children need to qualify for inclusion. For more information please contact:

Claudine Berman, (Education Manager)
9578 2245  mob:  0414 24 94 62
email: claudineberman@gmail.com
LEGO® EDUCATION PROGRAM 2016

The new program has been designed in two parts:

- **Science and Technology:** Students explore the world of powered mechanisms.
- **Creativity and imagination:** Students engage with LEGO® pieces to complete puzzles, games and challenges without instructions and become Master Builders!

*As long serving primary school teachers we believe it is important to use the Australian Curriculum as a guideline to the program.*

**Key Learning Values:**

- Building and exploring real life Machines and Mechanisms
- Investigating powered machines with the motor
- Using plastic sheets for calibration and capturing wind
- Exploring gearing mechanisms with the assorted gear wheels

The 10 week course will begin in term 3, on Wednesday the 13th of July, lunch time, at a cost of $150 per student. The course will be held at Beaumaris Primary, from 12.55 – 1.50.

For more information please contact
James: 0401 733 299
buildit4kids@outlook.com
www.buildit4kids.com.au
Building parent-school partnerships

WORDS Jenny Brockis

Why effective learning starts with a good night’s sleep

Sleep is an active phase of the learning process, which is why as parents the single most important thing we can do to help our kids be more effective learners is to ensure they get enough sleep.

During sleep the brain is very busy replaying the day’s activities extremely fast, picking out the key items it believes are most relevant for long-term storage in our memory banks, and tossing out the rest.

The amount of sleep children require varies with age and they require more sleep than adults. In primary school the recommendation is between 10 and 11 hours per night. High school students need around 9 hours to function at their best.

The challenge is how to fit everything into the school day along with homework and extra-curricular studies such as sport, music and drama, have enough down time to chill and relax, and get enough sleep.

The best way to learn anything is to study the topic hard for a period of time and then go to sleep for 8 hours. While this may not be practical in our everyday lives, the principle is pay attention to what needs to be learned and then use sleep to consolidate memory and deepen the understanding of the subject.

Talking with your child can help them understand why sleep is so important, not just to help with their studies but also to manage their emotions more easily. Anxiety or worry about academic performance, friendship issues and generally keeping up with everything can interfere with sleep, as can receiving text messages or snap chats during the night.

Our children spend many hours engaged with technology to help them study and for social connection. All these gadgets emit blue light that fools the brain into thinking it is still daytime. Because the brain needs 2-3 hours to wind down and prepare for sleep, switching off the laptop or tablet late at night and then hopping into bed means it will be much harder for your child to then fall asleep.

The most effective way to study for a test is to space the learning. This requires studying the subject for a period of time and then putting it to one side to do something else. Later that day a fast recall of the subject by jotting down just the key points. Those that have been forgotten can be quickly revisited. Repeating this process with increasing lengths of time between self-testing is an excellent way to strengthen memory because it makes the brain work harder to recall the information. This method has been shown to be far more effective than rewriting or highlighting notes.

Getting sufficient sleep ensures the brain is fully rested and refreshed to study more effectively. A tired brain finds it harder to concentrate, focus, remember or learn. Feeling grumpy or irritable doesn’t help either.

The temptation to stay up late and cram for a test or exam can be strong, especially if others are doing it. Encouraging your child to get a good night’s sleep instead means their brain will be far better prepared to enable them to deliver their best the next day. Trying to stuff more facts into a tired brain just leads to feeling stuffed, which isn’t helpful to anyone and not worth the one or two extra marks they might have been hoping to gain.
... Why effective learning starts with a good night’s sleep ...

Helpful tips to assist your young person to get enough sleep

1. Keep to a regular sleep schedule for both going to bed and getting up. It can be tempting to sleep in over the weekend, but while getting an additional hour or so can be helpful to pay off some sleep debt, spending longer than that is counterproductive as it further disrupts the normal sleep pattern.

2. If they are tired, suggest kids start going to bed 10-20 minutes earlier each night. It may not seem like much but can quickly start to make a difference to daytime alertness and wellbeing in just a few weeks.

3. Encourage daily physical activity. Some kids are naturally sporty but if your child dislikes exercise, suggest they go for a daily walk for 20-30 minutes or engage in an activity such as dancing. Movement primes the brain for better learning, reduces stress hormones, enhances mood and wellbeing and helps us all sleep better.

4. Many young people use their mobile phones as an alarm clock. If so, they can switch it to silent so messages from friends won’t wake them during the night. Or buy a real clock so they don’t need their phone at all!

5. There are a number of apps such as F.lux that will change the display light on computer screens to yellow, which doesn’t impact the brain disrupting sleep patterns.

Sleep is essential to better brain health and performance, which is why getting enough sleep is never negotiable.

Jenny Brockis

Dr. Jenny Brockis is the Brain Fitness Doctor. She speaks and writes about brain health and performance. Her new book Future Brain: The 12 Keys to a High Performance Brain is available online and at all good bookstores.

www.drjennybrockis.com

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.