FROM THE PRINCIPAL AND ASSISTANT PRINCIPAL

Dear Parents and Families

Easter Parade
The Easter assembly is a wonderful tradition at our school and again today the assembly brought a big smile to many faces. Our prep students looked fantastic. They certainly set the scene for the excitement ahead on the Easter weekend. Congratulations to all our lucky Easter raffle prize winners. Many students will bring home goodies for their family and friends to share.

Thank you to Sarah Carr with the help of Jodie Ewart for organising parent volunteers to prepare and wrap the prizes. The prizes looked fantastic, and there were so many!

Some baskets have been delivered to Southern Family Life to distribute to local families in need. Beaumaris PS community is very thoughtful and generous.

Library Opening

Last Friday our library reopened and students will resume library classes and borrowing next term. Thank you again to all involved.

2C’s favourite part of the NEW library:
- That it looks like a castle – Ash
- The clock being a tick tock clock – Coco
- Looking at all the cool books – Polly
- Liked where the chapter books were – Zara
- Lots of new books – Tom
- Looking at the new books - Jess H
- Harry Potter, Lego and Star Wars books – Luke
- Looking forward to borrowing all the new books – Jensen
- EVERYTHING!!! – Frankie
- All the new areas – Max
- I like the spot that it’s in – Sofia
- Everything – Yzie
- It was like a magical fairy land. My favourite part was it looked like a real library – Georgia
- A lot of the books were my interests- Sam
- I liked the tick-tock crock – Tim
- I liked the Peter Pan books and the fairy books – Anna
- I liked the fairy rainbow magic books - Jess N
- I liked that there was lots of room - Sophie

Japanese Garden relocated: Thank you Wendy

Thank you to Wendy Savage for all her hard work relocating and redeveloping the Japanese Garden outside the Japanese room. The students are enjoying using the tiny rakes to create patterns in the sand. In Japanese sessions Sensei is explaining to students the significance of various characteristics of a Japanese Garden.

Our newly created cultural precinct
The Library, Performing Arts Room and Japanese Room now form a specialist program hub or cultural precinct in the school grounds.

Working Bee

Thank you to our wonderful families who helped at our working bee last Sunday.
The following families attended on the day:
Grocott, Day, Brown, Harpley Jolly, Lu, Haynes, Pedan, Manger, Skvira, Coppens, Collins, Wilson. A special thanks is extended to Maddie who made a batch of delicious cookies for morning tea. Also thank you to Shane, our maintenance person, who came as well.
Tasks completed included the oiling of the wooden playground, tidying up the leaves and some garden improvements around the junior school sandpits.

Thank you to the Garden Club
Vanessa and Angela braved the terrible weather last Friday to install garden edging in the prep play area. The edging will prevent the bark chips from drifting into the sandpit area. The new bed has been planted with some hardy natives. The whole area has been given a new look. Thank you!

Thank you also to:
Fiona for donating an apple curler to the canteen and to Nanna Shaz for two new basketball hoop nets.

Farewell to Ash at after school care. We will miss you!
Ash has been offered a position at Parkdale PS. It is a career advancement and well deserved. We wish Ash all the best. He has been absolutely fantastic. He forms great relationships with the students and manages them beautifully at a time of day when most of them are quite tired. Luckily he will still be here at BPS during the holidays to run our Camp Australia Holiday Program. Good luck Ash.

Happy holidays
We wish everyone a safe and relaxing holiday and look forward to seeing everyone in Term 2. Remember Parent Club has organised a coffee cart to welcome back parents and students on for the first day of term. A lovely gesture.

Sheryl M. Skewes  Louise Neave
Principal  Assistant Principal

Bell Times Term 2
Next term we will introduce a new bell at 3.45pm to alert any children who have not been picked up by this time to report to the school office and wait to be collected from there. We ask parents to please talk to your children about this new arrangement.
From our Parent Handbook—available on our website:

attendance: arrival/dismissal
Students are expected to arrive at school between 8.45am - 8.55am and be collected by 3.45pm (or walk home when old enough). Teachers supervise the yard from 8.45am, at recess, lunch time and until 3.45pm. If your child arrives late to school for any reason, please complete a late arrival pass at the office. The student will take this late pass to hand to their classroom teacher. All students must be collected by 4pm at the very latest. All efforts will be made to contact parents and after this time the police may be contacted to help arrange care and protection of the student.

School Uniform
In the colder winter months if your child needs to wear an additional outer layer to wear whilst outside at recess and lunchtime, then we are happy for you to source a plain navy sleeveless fleece vest from the likes of Target, Big W or Best & Less. Alternatively we can make a one off order from Primary School Wear who supply our uniforms for one of their Polar Fleece sleeveless vests featuring our embroidered school logo, which cost $47. If you are interested in ordering one of these items please contact the school office.

From the Art Room’ : ‘Hoppy Easter’ Drawing Competition
Hello, we are Cassidy and Samantha, your Visual Arts Captains.
During term one, we held an Easter drawing competition. It was very difficult to select the winners because the quality of the art work was excellent !!
In the Senior School the winners are:
1st Place- Milla 6P
2nd Place- Jazzy 6C
In the Middle School the winners are:
1st Place- Summer 4DG
2nd Place- Indi 3P
In the Junior School the winners are:
1st Place- Eloise 1/2W
2nd Place- Paige Prep P
Thank you for everyone that entered and well done to the winners.
Samantha & Cassidy, Visual Art Captains
Term 2 Extra-curricula activities
The following classes will be running again in Term 2: If you would like to find out more information or download a booking form please access the Extra-curricular Activities page on our school website: http://www.beaups.vic.edu.au/page/127/Extra-Curricula-Activities.
Hot Shots Tennis—for Prep, Year 1 and Year 2, runs during lunchtimes
Bollywood Dancing — Tuesday after school
Lego Club—Wednesday lunchtimes
Chess Kids—Friday lunchtimes
Electronics Club—Friday lunchtimes
Kelly Sports Soccer—Friday after school
Poco and Music Corp—various days during the week

Term 1 Sport Report
Term 1 at Beaumaris Primary School was extremely busy and successful on the sporting front. The Year 4, 5 and 6 students were involved in our Swimming trials and then the successful swimmers from this day went on to represent our school at the Seaside District Swimming Carnival at MSAC. We had some amazing individual and relay team success on this day. Overall our school finished 6th out of 8 schools. Special mentions go to: Lulu winning the 9/10 year girls Freestyle event, Charlie placing 3rd in the 11 year boys Butterfly event, Charlotte placing 3rd in the 11 year girls Freestyle event, Josh placing 3rd in the 11 year boys Breast stroke event, Evie placing 2nd in the 12 years girls Butterfly and 3rd in the Freestyle event and Alee placing 2nd in the 12 year girls Breast Stroke event. Our Medley team consisted of Lulu backstroke, Alee-Breast stroke, Evie-Butterfly and Charlotte- Freestyle and these amazing girls finished in 1st Place.
Lulu and our Girls Medley Relay team went off to compete at the Division Meet where Lulu placed 3rd in her freestyle event and our girls placed 3rd in the relay event. Amazing efforts.
Seaside District Tennis competition held at Royal Avenue saw Beaumaris Primary School with 7 competitors: Charlie, Josh, Sol, Blake, Norway, Jenna and Evie. After watching some wonderful tennis throughout the day, both Charlie and Norway made it to the final where they both came runners up. They will be representing the whole of the Seaside District at the Division Tennis Competition in singles in April. We wish them luck.

Year 5 and 6 Summer Sport
Our Year 5 and 6 students competed in the summer sport interschool competition against the 7 other schools in our Seaside District. The sports played were: Volleyball, Basketball, Kanga Cricket, Lawn Bowls, Softball, Basketball and Oz Tag. We had some amazing results from this competition. Three teams were crowned District Winners and received a pennant for our school. The girls Softball team was undefeated, the girls Oz Tag team won all of their games except for one draw and the boys Oz Tag team again won all of their games except for one which they drew as well.
All of our students represented the school in a fantastic manner, displaying great sportsmanship, behaviour, encouragement of each other and a positive attitude. Well done.
Samantha Robinson - PE/Sport Coordinator

Lost & Found
This scooter has been handed in at the school office, we believe it belongs to one of our students and may have been missing for up to four weeks. Please contact the school office if you recognise it.
So what is this new frontier of parenting? Emotions are now recognised as an important part of the parenting landscape. Here are five ideas to help you explore the alien landscape of kids’ emotions.

It’s official!

Emotions are now part of the parenting and educational mainstream!

For some time they’ve been relegated as a sideshow to the main events of discipline, confidence building, character building, and lately, resilience.

Not now.

The recently released movie *Inside Out* gives life to emotions in a fun, accessible way. It’s a wonderful demonstration of why we must put emotional intelligence front and centre in our parenting and teaching.

The quickest pathway to happiness and success is the acceptance and recognition of feelings.

This is not a new idea. Over 2,000 years ago Socrates reminded his Greek companions, “Educating the mind without educating the heart is no education at all.”

Current day muse Dr. Marc Brackett, Director of the Yale Centre for Emotional Intelligence, sees emotional intelligence as more expansive. He says, “Emotions matter as they drive learning, decision-making, creativity, relationships, and health.”

This is not to say that we ignore children’s poor behaviour, neglect to set limits or not ask anything of them when they’ve experienced hardship at school. Accepting and recognising emotions is an added layer in our interactions with kids, which may well be the missing link in building cooperation, connection and resilience.

Emotions are messy. They can be loud. They can be hidden. They are often interrupt well-organised schedules. “What do you mean you’re sad? We’re off to watch a movie. It’s a happy time!” Emotions are hard to control and difficult to see. Like slippery eels swimming in a dam, you know that they are down there somewhere but it’s hard to figure out just what they are doing.

It’s a wonder parents haven’t smothered up to emotions earlier because ‘good parenting’ is hard emotional labour. When your three-year-old throws a tantrum in a supermarket and all you can do is grin and bear it rather than throwing your own tantrum or doing what you really feel like which is disinfecting your own child! you’re doing hard emotional labour.

When you console and contain the hurt of a primary school aged child who throws himself at your feet howling that everyone hates him, you are doing emotional labour.

Staring down a teenager who looks you straight in the eye while spitting out “I hate you!” because you’ve denied their request to go out is hard emotional labour. Parents do emotional labour all the time. That’s one of the reasons it’s so draining.

Accepting kids’ emotions mean we need to listen to them. We need to be mindful of their feelings as well as their behaviours and thoughts, which is what most parents and teachers are conditioned to do. We’ve built a broad vocabulary around behaviour management featuring terms such as consequences, limits and boundaries, and time-out to name a few. And the perennial “To smack or not to smack” question shows we are very willing to have debates about behaviour management methods, but discussions about emotion management are few and far between.

more on page 2

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.
... Exploring the New Frontier in Parenting ...

The limits of many parents' emotional vocabularies are matched by the limitations in method as well. Most parents who asked can provide plenty of ways to raise a well-behaved child but I suspect many would struggle if asked to name three or more ways to build their children's emotional smarts. This is not a criticism but an acknowledgement of lack of training in the area.

Ask yourself, “Who taught you how to recognise, manage and regulate your emotions?” If you answered your parents then lucky you. They’ve given you the tools you need to have successful relationships, to maximise your earning potential (if you paid) and to behave like a champ, not a chump, when playing sport and participating in other competitive or high performance activities. If you were able to identify any adult who taught you emotional intelligence then I suspect you are in rare company. My guess is you probably couldn’t identify anyone, so your emotional intelligence (if you’ve read this far you have the emotional smarts needed for focus, self control and concentration) is unconscious, rather than conscious, making it hard to teach or pass on emotional intelligence skills to kids. So where do we start?

Here are five ideas to help you explore the alien landscape of kids’ emotions, the new frontier of parenting:

1. Listen first
   When your child fusses and fumes about some wrong-doing or hurt they’ve experienced clear your mind and listen.

2. Contain rather than manage (let your kids do the managing)
   Children’s behaviour can become tangled up in upset and disappointments. It’s hard to separate their behaviour from their feelings. Sometimes as a loving, caring adult you just have to soak up their feelings and give them the time and space to soothe their own souls. We don’t have to do that for them.

3. Know that emotions can be pleasant and unpleasant
   We often place value judgements on emotions by saying some emotions are good or positive (happy, motivated, energised) while some are bad or negative (sad, worried, sulky). Avoid passing judgement in such ways. Recognise that emotions are pleasant or unpleasant and that all emotions are acceptable, whereas some behaviours (such as hurting someone when you are angry) are unacceptable.

4. Build a vocabulary around emotions
   Just as feelings have names, there are terms for the emotional intelligent parenting method. For instance, I-messages* are a type of communication used by parents and adults who take an emotion-first approach.

5. Help your kids recognise, then regulate emotions
   Ever told a child to calm down only to see their emotions escalate? Kids, like adults, need to recognise their feelings before they can regulate their emotional state, and that’s not easy. Emotional recognition is a complex process that takes practice. Even when we are good at it we don’t always get it right. Learning to recognise your feelings is a continuous process that’s best started when young, before the ups and downs of adolescence becomes a reality.

Emotional intelligence is best learned when it becomes part of your family’s culture, or way of doing things. When it becomes part of your family’s DNA then emotional intelligence will be passed down from generation to generation. You’ll know it’s had generational impact when your children identify you as the person who trained them in the skills of emotional intelligence. How cool is that?

Michael Grose

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids News Letter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did! When you subscribe you’ll also get my fantastic Kid’s Chores & Responsibilities Guide with plenty of ideas to get your kids to help at home without being paid.

parentingideas.com.au
Prep have had a very busy and energetic last week of Term 1. On Monday we participated in a Perceptual Motor Program (PMP) run by Miss Morecroft, Miss Palermo, Mrs Thompson and Miss Cain. We rotated through nine different activity stations where we practised our catching, throwing, skipping, hopping, jumping and lots of other gross motor skills. On Tuesday we looked at our facial features in mirrors and practised our drawing skills by creating self-portraits. We then had a visit from the Year 3’s who came to read us narratives they had written in their own classroom. We really enjoyed meeting the Year 3’s and look forward to reading with them again throughout the year. On Wednesday we joined the Garden Club in the Prep Courtyard and continued our Yarn Bombing and seedling discovery activities. The Prep teachers were in awe of everyone’s Easter bonnets. We wish everyone a happy, safe and restful Easter Holidays. See you in Term 2!

Year One

We celebrated the end of an awesome term with a special friendship lunch last Monday. The Year 1s mixed with students from other year levels. We had great feedback. Freya S: On Friendship Day I met a Prep. She was very nice! Agelos M: Wow, I made many friends! We played Duck, duck, goose. Kate B: I ate all my lunch with my group. It was fun! In Term 2 our special focus subject is History. If any parents have any items that Year 1s will not easily recognise such as records, tapes or manual phones – please lend them to us. We wish you all a terrific Easter break!

Year Two

What a wonderful first term! The Year 2 students have had a fantastic term of learning and fun times together. There have been many highlights and special memories created! A big thank you to all of the parents and classroom helpers this term – we look forward to welcoming many more parents and helpers to our learning spaces next term. The Year 2 students enjoyed our first Friendship Lunch on Monday and spent time getting to know students from other year levels at the picnic. We wish everyone a safe and happy holiday and we will see you rested and ready for Term 2!

Year Three
Students have been completing their first ERP (Educational Research Project). They had four sessions to create their projects and they used their time wisely. We are extremely excited to share our projects with the other Year 3 classes and we are immensely proud of our work.

On Tuesday, Supreme Incursions worked with our Year 3 students to develop an understanding about the language of direction and how to use maps. We had a fantastic morning! Then in the afternoon we read some of our written narratives to the Prep students. What a day! We hope everybody has a great Easter holiday period.

**Year Four**

It’s hard to believe that this is our last week for Term 1. We have been busy finishing our information reports linked to our subject focus of Geography and maths focus on place value. Last week with Wendy, we made ‘Italian’ salad with ripe tomatoes and fresh basil from the kitchen garden. We also got to taste delicious veggie soup made by Wendy. We wish you all a safe and happy holiday.
Year Five

Wow! Term one is already over and we are ¼ through the year! Term one started off with a bang with highlights including Camp, George Ivanoff and the History ERP Expo. The students put in an enormous amount of effort into their ERP’s and we would like to thank the parents for an excellent turn out at the EXPO last Thursday. The students enjoyed leading discussions and answering questions about history and linking it to their character and interest.

The students have signed up to their winter sport for Term Two and the teams will be finalised in the first couple of weeks back. The students had the choice from netball, football, soccer, lawn bowls, hockey and t-ball.

We hope you have a safe and relaxing holidays and we will see you in Term Two!

Year Six

The Year 6s are all looking forward to the Easter Holidays! They all had a terrific first term and are looking forward to recharging the batteries. Everyone is excited for Term 2 and are ready to start a new term and take on new challenges. On Monday, the Bully Stoppers team visited Sandringham East Primary to show their video. Everyone agreed there was a fantastic message in the video.

On Tuesday, we interviewed Meka in 6J about her States Athletics carnival in Casey Field. (see page 8)

Media Captains: How was the overall day?
Meka: “It was great, however I was nervous. I ran a good race and came 3rd in my sprint”.

Media Captains: What was your time?
Meka: I completed it in 14.95.

We all hope you have safe, relaxing and enjoyable holiday!! Have a great Easter!

From the Year 6 Media Team.
FROM OUR PARENT CLUB......

**THANKYOU** - for all your generous Easter Goodies donated to the raffle and to those who have purchased Raffle tickets! We raised over $2800 which will go towards iPads for the Library.

**BAKERS DELIGHT** - Thank you to all of you who have already or still intend to purchase some delicious Hot Cross Buns for Bakers Delight - they are open on Good Friday and the voucher is valid until Easter Saturday.

**BUNNINGS BBQ** - we have had a last minute opportunity to obtain a date for Bunnings sausage sizzle - it will be held on Sunday 3rd April - please support the Prep families who are co-ordinating this event.

**COFFEE CART** - coffee cart has been organised for the First Day of Term under the shade cloth 8.30am—9.30am. Hope to see you there.

**PARENT CLUB MEETING** - Next meeting will be on Tuesday 12th April at 9.05 in the Staffroom

Wishing you and your families a relaxing Easter Break - enjoy time with your families and we will see you in Term 2! From Parent Club

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**We invite more preps to join Term 2 afterschool Bollywood dancing**

Tuesdays 3.30pm-4.30pm
To enrol, call Jag on 0423 080 724 or email info@ignitebollywood.com for an application form

Bollywood dancing has been a huge hit among Beaumaris students in the past 2 years and we would like more parent’s of preps to know that we welcome preps – grade 6s to our classes.
On Sunday Evie was awarded the overall Girls Champion Award at Beaumaris Cricket Club. This was across all of the girls teams. Evie has successfully got through to the next trial stage of the Vic U12 State team. We are waiting to hear what happens next. She just loves cricket! Not bad for her first year playing.

Congratulations to Meka who finished 4th in her heat for 100m at last weekends State championships. This weekend she will be running at the Stawell gift in the 100m and 400m.

Two dedicated Garden Club Parents. Thank you Vanessa and Angela—working in last Friday’s rain was pure dedication.

THE LIFE AND NUMBERS OF FIBONACCI

Who is Fibonacci? What are his famous numbers about? When did he live? What was his nationality? What is Pascal’s triangle? Why would I soak pine cones for you? What’s a fractal? Where does a fern frond end? What’s your chances? What’s infinity? Where do I find these patterns? How do I work it out? Does it work in other ways? How can I use this new knowledge? Be a mathematician and have fun. We teach you the new ideas and you explore how it works in practice.

WiseOnes Application for 2nd Term 2016

This program is available for all Year 1 - Year 6 children who have qualified for WiseOnes. The unit for second term commences week beginning Monday, 25th April 2016 (Anzac Day Holiday)
The unit will run for 8 weeks, the weeks commencing: 25th April, 2nd May, 9th May, 16th May, 23rd May, 30th May, 6th June, 13th June (Queens Birthday Holiday and/or 20th June).

WiseOnes Teacher: Claudine Berman 0414 249 462
My child has already qualified for WiseOnes YES/NO
I would like a free test for my child YES/NO.
I would like my child to be tested with a fuller assessment to qualify for WiseOnes (assessment cost $250 inc GST).
Good morning Parents, staff and students, my names is Luke D’Alessandro and I was school captain here 6 years ago. I am currently attending Mentone Grammar, in my last year. I study Economics, Legal studies, English Language, Interactive Digital Media and Further Math. Last year , I completed business management ¾ in which I achieved a 40+ Study score. I believe this reflects the work ethic which I adopted during my final years here at Beaumaris Primary and I am striving to continue this so that I may study commerce at Melbourne or Monash University.

A lot has changed since my time at Beaumaris but even 6 years down the track the memories I have from here are still crystal clear in my mind and the values and behaviours instilled within me from teachers and peers have helped shape me as a person and have helped me achieve my goals both within and outside of school.

I still remember every Monday in year 6 hosting assemblies with Kate, every Friday getting lunch orders, every recess and lunch in the playgrounds. I also remember having to stand on a box while we took photos the morning I got my School Captains badge so I would look as though I was the same height as Kate.

Don’t worry Boy’s we eventually catch up.

No matter what, I always took every opportunity to opt-in and ‘Play the Game’. I hope that is still the school motto.

If I could give my year 6 self one piece of advice, and this applies to all the year 6 students in this room, it would be to appreciate every day here because school goes so quickly it is ridiculous. Enjoy the company of your friends because in some cases it is hard to hold strong relationships as you transition into High School. Never drop your head when you make a mistake because these are the golden years to learn from. Use these lessons to become a better person with qualities that allow you to be resilient, and bounce back every time you fall down.

I cannot stress enough the importance of taking advantage of every opportunity. Nothing bad can come from giving something a go and you will learn that when you do find the courage to put your hand up for something, it will truly enrich your time at school and give you the confidence needed to succeed later on in life.

In terms of being school captain alongside Kate, this has to have been the best decision I made during my last year. It helped me become more comfortable talking in front of people and gave me that responsibility to display a sense of pride and leadership, which I still display today as a House captain at Mentone Grammar.

I wish all the year 6’s a fantastic year, enjoy it, make the most of it, stay safe and remember to opt in rather than opting out.
Good morning parents, teachers and students.

It is hard to believe that six years ago I was at this very same assembly, waiting nervously to be given my badge for the School Captain of 2010. It’s a year that I reflect on often, because it was the year that I was given the opportunity to grow as an individual by giving back to the school community. I know just how difficult it is to imagine that someday you will be in my shoes, on the edge of finishing school altogether, but that day will come quicker than you think. Trust me, it sure sneaked up on me.

As year 6’s you’re all leaders of the school. It is your job to represent it, and care for the other students in it. To me, and I’m sure Luke would agree, year 6 is the most predominant year when I think back to my Primary school days. This is your day to ‘to take a step and see where it leads’. It’s your last year to cement together the friendships that you started in Prep. I still have friends whom I have known for most of life, which is good and bad for they can and do torment me with some of my more embarrassing moments.

For the school captains, I guess it is time for me to give you some advice. Honestly, as cliché as it sounds, it is simply to have as much fun in the role as possible. You have been chosen to represent your school and the qualities that make your school great. Much like all good things in life, being a leader is a lot of fun but also a lot of work. Be organised, hard working and enthusiastic. Spend some time getting to know everyone in your grade. For me, being the school captain enhanced my self confidence to speak in public, allowing me to pursue further leadership and theatrical roles during high school.

Beaumaris Primary has a strong philosophy based on ‘Playing the game’. For those of you who are unsure of it’s meaning, it means taking a chance on something new. It means expanding our friendship groups. It means persisting when you want to give up, and it means living your life to the fullest. For Luke and I, ‘yesterday is gone and it’s a memory’ but those memories I cherish. Your year 6 is what you make of it.

To sum up, I’ll be leaving you with a quote from a man who I’m sure was a school captain somewhere in his deep dark past, Dr Seuss.... He said, ‘You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You’re on your own and you know what you know. And YOU are the one who’ll decide where to go.

Thank you and good luck!